Policy and guidelines on working with disabled persons with challenging behaviour

Part of ESF3.105
‘Promoting the social inclusion of disabled persons with challenging behaviour’

ANNEX 1
Compendium of Services
Name of Organisation: National Commission Persons with Disability (KNPD)
Address: Bugeia Institute, Braille Street,
Santa Venera, SVR 1619
Contact number: 2278 8555
Email: helpdesk@knpd.org
Web: www.knpd.org

Services
KNPD is the main government entity, set up in accordance with the Equal Opportunities (Persons with Disability) Act (2000), which works to eliminate any form of direct or indirect social discrimination against persons with disability and their families while providing them with the necessary assistance and support. Its role is that of a regulator and not a service provider.

The Commission has the duty to raise awareness about the capabilities and contributions of persons with disability and combat prejudices or harmful behaviour in their regard stemming from stereotypes. It is also expected to identify the needs of persons with disabilities, their families and voluntary bodies working in the field of disability and promote policies, encourage research and best practice as well as collaborate with local and international entities in order to achieve these goals. It is also responsible to monitor government initiatives addressing their needs, suggest changes in laws and coordinate initiatives taken by different departments.

The law empowers KNPD to investigate complaints it receives about breach of rights arising from discrimination, the enforcement of such rights and to promote, protect and monitor the implementation of the United Nations Convention on the Rights of Persons with Disability and to monitor Guardianship Orders.

At present KNPD administers a number of services for persons with disability and their families. These include the Special ID Card, Blue Badge, Assistive Apparatus Service and the exemption of payment of road licenses among others.

Name of Organisation: Foundation for Social Welfare Services (FSWS) - Agenzija Sapport
Address: Patri G Azzopardi Street,
Santa Venera, SVR 1614
Contact number: 2256 8000 / 2145 1868
Email: sapport@gov.mt
Web: www.fsws.gov.mt

Services
The Ministry for Social Policy established Agenzija Sapport within the Foundation of Social Services with the aim of providing residential and professional services within the community for persons with disability and their families. The agency caters for persons with disability having severe challenging behaviour, people with disability at risk of institutionalisation, young people with disability already living in institutions due to lack of alternative accommodation, and people with disability in high need. The main strategy adopted is to provide people having disability with support rather than care, so that they would be able to achieve independence to the best of their ability, continue living within the community and receive support as and when required.

Agenzija Sapport offers the following services for persons with intellectual disabilities / mental health issues:
• Community services – supporting persons with a disability in their family environment and in their community. Two types of community support are provided: Personal Assistance (direct
personalised support to help these persons with activities of daily living) and Intervention (skills-teaching and training).

- **Social Work services** – promoting the recognition of the person with disability as a full member of society. Provides individualised support services that enable and empower persons with a disability to realise their vision and enhance their quality of life.
- **Residential Services** – enabling persons with disability to live as independently as possible in the community. Such residential support is provided within small and personalised apartments and houses.
- **Resource services** – working hand in hand with persons with disability and their families to design individualised support services that will empower them to realise their vision, dreams and hopes and to enhance their quality of life.
- **Day Centre services** – helping persons with disability to continue developing their potential through different types of activities with the aim of enhancing each service user’s independent living and employability skills to the maximum of his / her potential.

**Name of Organisation:** Dar Fejda / Dar Jeanne Antide  
**Address:** Vincenzo Bugeja Institute, St Joseph’s High Road, Santa Venera.  
**Contact number:** /  
**Email:** /  
**Web:** /  

**Services**  
Dar Fejda and Dar Jeanne Antide cater for adolescent girls with psychological and social problems who may exhibit challenging behaviour. The residential setting provides care and support to the residents by creating a home environment which caters for all aspects of their well being. On the Homes’ agenda the first priority is to help residents gain dignity. This is done by listening to them and understanding their needs and by helping them in their day to day activities. Residents are given emotional and psychological support both on an individual basis and in a group setting. A great deal of attention is given to education since it is believed that having a good educational background will help the residents gain dignified gainful employment when they leave the Homes.

**Name of Organisation:** Gozo College Sannat Primary and Special Unit (Gozo)  
**Address:** Sannat Road, Sannat, Gozo. SNT9020  
**Contact number:** 21559202 / 21551406  
**Email:** gc.sannat.pr@gov.mt  
**Web:** /  

**Services**  
The Gozo College Sannat Primary and Special Unit caters for:
- mainstream students at kindergarten and primary levels;
- Early Years, Primary and Secondary Level students and Young Adults with Individual Educational Needs.

Students follow an adapted educational programme based on the National Curriculum at both primary and secondary levels. Adaptations are made according to the students’ ages and attainment levels. Students who are older than 16 years follow the “Moving On” Programme which offers experiences leading to adulthood.
The services offered include:

- ICT Sessions*
- Multi Sensory Room*
- Relaxation Room
- Therapy Gym
- Hall with wheelchair accessibility stage
- Speech Therapy
- Physiotherapy
- School Psychologist
- Hot meals and training in table manners at midday
- Transport for full-time special unit students
- Reverse Inclusion Programmes with year 4 students from all mainstream schools in Gozo
- Awareness Programmes for secondary students

*These services are also offered to mainstream students with Individual Educational Needs (IEN).

**Name of Organisation:** Richmond Foundation  
**Address:** 424, St Joseph Street, Santa Venera  
**Contact number:** 2122 4580 / 2148 2336/ 2148 0045  
**Email:** info@richmond.org.mt  
**Web:** www.richmond.org.mt

**Services**
The Richmond Foundation endeavours to provide optimal community mental health services that promote mental wellbeing, address the prevention of mental health problems and provide support for good quality of life.

The services offered include:

- residential and day community-based rehabilitation facilities
- providing opportunities for housing with support
- assisting persons with mental health difficulties to remain in the community and to live as full a life as possible
- providing opportunities for training, employment and support at the work-place
- services which will prevent mental health problems in the work-place from developing
- promoting the development of self-help in the field of mental health
- promotion of good mental health within the general public/population
- promoting positive public awareness of mental health issues
- providing training to staff within the organisation and also assist in the training of other professionals from other agencies in the mental health and other caring fields
- psycho-social support for children with challenging behaviour, within a residential setting
- education and assistance in IT that increases employability and enhances personal development.
Name of Organisation: San Gorg Preca College Guardian Angel Resource Centre
Address: J. Abela Scolaro Street, Hamrun. HMR 1304
Contact number: 2125 1190 / 2122 3496
Email: guardianangel.sns@gov.mt
Web: sns.guardianangel.skola.edu.mt

Services
The Guardian Angel Secondary Education Resource Centre caters for students aged between 11 and 16 with severe learning difficulties.

The centre also houses a fully functional Skills Unit made up of a fully equipped Food Lab, a Science Lab, an Information Technology Lab, a Design and Technology Lab and Multisensory rooms.

The Centre uses a secondary type learning programme. Lessons are intended to ensure that students develop cognitive, physical and social skills leading to independent learning. This is achieved in lessons that include Literacy, Numeracy, Religion, Science, Design & Technology, Information Technology, Home Economics, Physical Education and Music.

Name of Organisation: San Miguel Resource Centre
Address: A.N.Z.A.C Road, Pembroke, PBK1840.
Contact no: 2137 4224 / 2137 3763
Email: sanmiguel.sns@gov.mt
Web: sns.sanmiguel.skola.edu.mt

Services
The San Miguel Primary Education Resource Centre is a school for ten full time students who have complex needs and most of them exhibit challenging behaviour. San Miguel also offers services weekly to 56 babies, toddlers and students of primary age who come from the mainstream. These students have complex needs and a number of them, especially those who have autism also exhibit challenging behaviour.

San Miguel Primary Education Resource Centre provides an education on a full time basis to 10 primary age students who have complex needs and exhibit challenging behaviours. It also offers weekly or fortnightly services to approximately 55 mainstream students or babies and toddlers referred to the Centre as part of their early intervention programme. The type and frequency of the services for a particular student depend on the needs of that individual student.

The services offered include:
- aromatherapy
- cognitive therapy
- hydrotherapy
- ICT
- multisensory
- optimusic
- physiotherapy
**Name of Organisation:** Santa Marta Day Care Centre (Gozo)  
**Address:** Fortunato Mizzi Street, Victoria, Gozo. VCT 2572  
**Contact number:** 2215 6400 / 2156 1482  
**Email:** gozo@gov.mt  
**Web:** /

**Services**  
The Santa Marta Day Centre provides people with physical, mental and/or learning disabilities with a safe and friendly environment and promotes independent living skills while providing the necessary support to carers and guardians.

Its aim is to increase the service users’ potential and enhance their quality of life through activity and learning. The range of activities provided at the centre include animal therapy, swimming sessions, pottery, papier-mache, carpentry, IT, lace making, weaving, outwork from a local company, food preservation and social and leisure outings.

Service users are also taken to Gozo General Hospital on a regular basis to use the services of hospital based professionals such as occupational therapists, physiotherapists and speech therapists.

The Santa Maria Day Centre also offers the facility of a one-stop shop for persons with disability in Gozo.

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**Name of Organisation:** Maria Regina College, Dun Manwel Attard, Young Adult Education Resource Centre, Wardija.  
**Address:** Triq il-Madonna ta’ l-Abbandunati, Wardija, St Paul’s Bay. SPB 6351  
**Contact no:** 21573989 / 21573244  
**Email:** wardija.sns@gov.mt  
**Web:** sns.wardija.skola.edu.mt

**Services**  
The Dun Manwel Attard Young Adult Education Resource Centre in Wardija is accessible to students aged 16 to 22 with a statement of needs who followed their compulsory educational experience in an education resource centre or in mainstream schools and who are approved by a specialised team of professionals. The Young Adult Education Centre continues to build on the experiences and achievements already gained by the students at Primary and Secondary levels, whether in mainstream or in Education Resource Centres. It also serves as a bridge and as a centre for transition, where necessary, so that students can move on to further educational institutions or vocational training.
Name of Organisation: Arka Foundation (Gozo)
Address: Dar ARKA, Mogħdija Street, Ghajnsielem, Gozo.
Contact number: 2156 5773 / 2155 0596
Email: arka@maltanet.net
Web: www.arkafoundation.org

Services
ARKA Foundation provides persons with disability with a temporary or permanent residence, together with day and night services. Long-term residential services are partly funded by government.

The centre is equipped with two therapeutic, heated pools, a Jacuzzi, a gym, Light ‘n’ Sound system and a Multi Sensory Studio designed to provide relaxation, stimulation and fun to persons suffering from diverse disabilities.

Name of Organisation: Inspire Foundation
Address: 801, Industrial Estate, Bulebel, Żejtun. ZTN 3000.
Contact number: 2189 0000
Email: info@inspire.org.mt
Web: www.inspire.org.mt

Services
The Inspire Foundation offers a range of programmes for children and youths with intellectual or physical disability. These programmes provide education centred on the individual needs of every person with the aim of helping towards a working and independent life. The programmes are planned in association with parents, who are trained to take an active part in the education of their children.

Clients are also offered services of Speech Therapy, Physiotherapy, Occupational Therapy, Creative Arts, Life Skills, Music, Hydrotherapy, Therapeutic Horseback Riding, Fitness, Adapted Sports and ICT as and when necessary.

These services are offered with the financial help of the government.

The principal programmes offered by the Inspire Foundation include:

- Parent and Child Education Services (P.A.C.E.S.) - offers services to children with intellectual disability from birth to 7 years of age. These services are provided at school or at the student’s home.
- Conductive Education and Multi-Sensory Programme (C.E.M.P.) - aimed at children up to the age of 16 who have cerebral palsy.
- Early Bird Programme - offers training for parents of autistic children.
- Structured Training and Education Programme (S.T.E.P.) - for autistic children modelled on the TEACH method, which is accredited by the National Autistic Society in the UK.
- STYLE - This programme is aimed at young people between the ages of 11 to 17 who have autism, so that they can be prepared for employment and autonomous choice with a good quality of life.
**Name of Organisation:** Dar tal-Providenza
**Address:** Lapsi Road, Siġġiewi. SGW 2822.
**Contact number:** 2146 2844
**Email:** info@dar-tal-providenza.org
**Web:** www.dar-tal-providenza.org

**Services**
The Dar tal-Providenza offers permanent and temporary residential services in a family-like environment to persons with disability who cannot continue living with their natural family. Id-Dar tal-Providenza comprises five residences: the main residential complex in Siggiewi comprising Villa Monsinjur Gonzi, Villa Papa Giovanni and Villa Papa Luciani, and two community homes in Siġġiewi and Qawra.

The residence in Siggiewi is equipped with an ICT Lab, a multisensory room, a gym and a hydrotherapeutic pool.

Residents at the Home also have the opportunity to work in the Agricultural Centre and grow a variety of herbs in the spacious greenhouse for their own kitchens as well as for sale to the general public.

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**Name of Organisation:** Speech and Language Department, Ministry for Health
**Address:** Ingiered Road, Luqa. LQA 3301
**Contact number:** 2123 0822
**Email:** speechlanguage@gov.mt
**Web:** /

**Services**
The Speech-Language Department (SLD) offers services under the auspices of Primary Health Care. It operates on an open referral system. Its mission is to assess and identify speech, language, literacy, voice and swallowing difficulties in order to design, implement, monitor and evaluate intervention programmes.

Speech language services are offered in **hospitals** where Speech Language Pathologists are committed to helping people to communicate to the best of their abilities and swallow safely. Intervention in an interdisciplinary team aims to maximise the communication potential of their service users by identifying, modifying and enriching their communicative environment. Services are also provided in **long stay institutions & elderly homes**.

Services in the **community** are offered from all health centres and various district clinics to ensure service user access. Domiciliary visits are organised to service users who have mobility difficulties.

For school aged children, intervention in **mainstream schools** makes it possible to provide intervention for children as an integral part of their school life in such a way as to enable educators to incorporate the aims of the communication and language intervention within the curriculum. Services are also provided in **special schools**, where clinicians work with students with a variety of special educational needs. The service is delivered within the schools themselves and in close collaboration with the school staff.
**Name of Organisation:** Gozo General Hospital  
**Address:** Victoria, Gozo.  
**Contact number:** 2156 1600  
**Web:** /

**Services**  
Services offered by the Gozo General Hospital include:
- Acute care
- Long term care
- Occupational Therapy and Speech and Language Pathology
- Learning Disabilities Clinic
- Child Guidance Clinic

**Name of Organisation:** Podology Clinic, Mater Dei Hospital.  
**Address:** Diabetes and Endocrine Centre, Outpatients Department  
**Contact number:** 2545 4452/3/4  
**Email:** /

**Services**  
Podiatry service is given only to patients with diabetes. These services include:
- Check up and assessment of the foot for any condition that might cause ulcers
- Education relating to Diabetic foot care
- Review for treatment of foot problems of patients who are referred from wards
- Treatment and advice of any foot problem that might be present including foot ulcer care
  - Referral, when necessary, to other related specialities.
- A person with diabetes may refer themselves for such a service or be referred by any healthcare professional.

The majority of podiatry services are offered from Health Centres. There is a podiatry clinic in every Health Centre where patients can access a podiatrist without the need for a formal referral. Self referrals are accepted and individuals may call the respective Health Centre for an appointment. In these Health Centres, routine podiatry care is available to everyone irrespective of age and medical condition. If more specialized services are required, the podiatrist refers the patient to the relevant department.

The Podiatry Department is situated at B’Kara Civic Centre. Besides providing administrative and managerial support for all podiatry services, patients can access this department for:
- Routine podiatry treatment if they are within the Birkirkara Catchment area
- Specialized podiatric treatment, such as cryosurgery, nail surgery and a Podiatric Biomechanics Diagnostic Service which includes FSCAN, which is foot pressure assessment system. Referral for these services is normally by another podiatrist.

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